

About Meli

Meli is a not-for-profit community service organisation, committed to supporting people and strengthening communities.

We offer a range of support and education services to people living in the Barwon and Wimmera South West regions of Victoria.

With kindergartens throughout Geelong, the Bellarine Peninsula and Colac, we're one of the largest early childhood education providers in the region.

We believe in social justice, equality, and working together to help wherever we can.

Our vision is a fair, safe and inclusive community where everyone can thrive.



How to contact us

We provide support in offices located in the Barwon and Wimmera South West regions.

If you'd like to speak to us about becoming a member organisation and setting up an EAP agreement for your business or workplace, please contact us on 03 5226 8900.

Community Support

☎ General enquiries: 03 5226 8900
✉ info@meli.org.au

Meli Kindergartens

☎ General enquiries: 03 5273 0200
✉ kindergartens@meli.org.au

Acknowledgement

We acknowledge that we work and connect on the traditional and unceded lands of Aboriginal peoples and pay our respects to their Elders past and present. We are committed to the reconciliation journey through our actions and openness to learn.



We celebrate difference

Meli is committed to creating an environment where everyone feels safe and that they belong. We welcome people of all races, ethnicities, genders, sexual orientations, ages, religions, abilities, and nationalities and value diversity of experience as a vital part of supporting people and strengthening communities. We will listen, learn and evolve as an accessible, inclusive, and safe organisation for all, including First Nations peoples, members of the LGBTQIA+ community, people with disability and those with culturally diverse backgrounds.



Interpreter services are available upon request.

meli.org.au

MELI

Employee Assistance Program





Why use an EAP?

Everyone faces challenges at some point in their lives. Sometimes, the issues are easily resolved with the support of family and friends but at other times, the difficulties persist.

In those instances, Meli's EAP is there to lend a compassionate hand when you need it.

EAP is free, voluntary and confidential.

What is counselling?

Counselling offers people the chance to work through and develop solutions for any personal or professional issue they may be facing.

Meli's counsellors have a broad range of qualifications and experience including Counselling, Psychotherapy, Family Therapy and Social Work.

Counselling can be done face to face or via telephone as part of the EAP Program.

What is an Employee Assistance Program?

An Employee Assistance Program (EAP) is a free, voluntary and confidential counselling service available to employees.

Whether it's a personal or professional issue, at home or in the workplace, an EAP is there to support you.

What are some of the problems that an EAP can help with?

- Issues affecting work
- Relationship issues
- Family difficulties
- Personal problems
- Stress and anxiety
- Interpersonal conflicts
- Alcohol or drug related issues
- Grief and loss
- Financial hardship
- Gambler's Help

The EAP can also assist with referral to other support services if required.

How can I access Meli's EAP?

As an employee, you can contact Meli directly to book your confidential appointment. Each employee can access up to three sessions per issue.

📞 Call 03 5226 8900 or ✉ eap@meli.org.au

