



Early Steps

Early Steps aims to support families that may be impacted by a young person using challenging, aggressive or violent behaviours in the home.

Early Steps works to increase parent/ caregivers capacity to identify and respond to these behaviours used by their young person, with the aim of increasing safety and stability in home and promoting healthy and respectful relationships.

Early Steps provides free support to those who:

- have a young person aged 10-17 years of age, living within the family home, and using aggressive and/or violent behaviours towards their primary caregiver/s
- are parents/carers wanting to increase their capacity to identify and manage behaviours that compromise the safety and stability of their family
- want to develop safe and respectful ways of communicating with their young person
- want to learn ways to build a more positive relationship with their young person
- want to learn skills that promote cooperation and responsible behaviour in young people
- may need referrals to other supports as required.

If you feel like this service may be suitable for yourself or your young person, please make contact through the details provided to learn more.

*Telehealth meetings are available where required.

SERVICE DETAILS

LOCATION	Kurrambee Myaring Community Centre (KMCC) 12 Merrijig Drive Torquay
DATES	Fridays commencing at 8.30am for drop-in sessions (60 mins)
WHO	Parents/Carers/Young People/ Practitioner consults
CONTACT	Please call Meli on 5226 8900 and ask to speak to the Step Up intake worker or Coordinator or email stepup@meli.org.au
COST	FREE